

WHAT WILL MY CHILD NEED FOR FOREST SCHOOL?

To ensure the success of our day in the wood, your child needs to be as comfortable as possible.

Your child will need:

Winter Clothing

- ☞ Long sleeved top/jumper
- ☞ Long trousers
- ☞ Warm hat and gloves
- ☞ Wellies or trainers (no open toe shoes)
- ☞ Waterproof coat or other coat

Summer clothing

- ☞ Light long sleeved top
- ☞ Light long trousers
- ☞ Sun hat/cap
- ☞ Sun cream
- ☞ Wellies or trainers (no open toe shoes)

Children may get muddy so please provide old clothes that you don't mind getting damaged.

HOW DO WE MANAGE RISK AT FOREST SCHOOL?

Risk management is a valuable life skill to learn. At Forest School we encourage the children to take risks in a safe and controlled way with support and guidance from Forest School Leaders.

Children will learn fire lighting and fire management, how to use tools safely and appropriately. They will be encouraged and supported to climb, swing and balance in our Forest classroom.

We ensure that all activities are made as safe as possible for the children and encourage them to manage some hazards while learning new skills

Useful Contacts

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Killamarsh Junior Forest School Leaflet



Information for Parents

WHAT IS FOREST SCHOOL?

The aim of forest school is to offer experiences and opportunities that support children in life. They will gain confidence to face adversity and helps build resilience. It can also give children confidence, empathy, self-esteem and knowing themselves.

It is a long-term process that can support children to control their emotions and behaviours. It also provides opportunities to develop a reflective practice.

Forest Schools have a positive benefit on a child's attitude towards themselves and who they are. As children become more engaged, they develop a positive attitude to learning. This will support them as they mature into adulthood.

Spending time in nature can help improve attendance. It can help children concentrate on reading and writing. Evidence shows that 30 minutes outside will provide 30 minutes of concentration in class.



WHERE IS OUR SITE?

- ① The small wood is situated on the edge of the School field. There is a small clearing inside.
- ② The wood is next to a large field.
- ③ We also have an enclosed area called the quad.

WHAT DO WE DO AT FOREST SCHOOL?

Children have the opportunity to lead their own learning with the guidance and support of the Forest School Leader. Children will :

- ☐ Build dens
- ☐ Climb, swing and balance in the trees
- ☐ Learn about conservation and sustainability
- ☐ Sing songs and tell stories
- ☐ Create woodland crafts and wild art
- ☐ Develop life long skills in risk management, team-work and communication
- ☐ Identify plants and animals
- ☐ Use a range of tools
- ☐ Build and maintain fires
- ☐ And much more...

WHAT ARE THE BENEFITS OF FOREST SCHOOL?

The holistic approach makes forest schools unique. The acronym SPICES helps us to understand the approach.

Social - It helps build a sense of community and the ability to negotiate, communicate and collaborate with others.

Physical - This includes movement, fine/gross motor skills, the building of muscles, heart and lung capacity. It explores how we use our senses.

Intellectual - This is a knowledge and understanding of the world around us. This allows children to reason, problem solve, clarify, recall, analyse, recall and understand using Math and Science skills including measures.

Communication - Children will use verbal and non verbal communication and methods to express ideas and thoughts support their English work.

Emotional - Children reflect on their feelings, self-image and how we relate to ourselves, peers and adults. It gives you the ability to recognize and influence our own (and others) emotional state.

Spiritual - It provides children with awe and wonder. Giving them a sense of self within the world, sense of identity and a sense of purpose.

